

ISWB SPORTS CODES

Rhythmic Gymnastics

Coach: Mrs. Roumi Kostin

Contact: 081 258 5759

Days: Mondays & Wednesdays

Groups: Year 1 – Year 3

Time: 18:00 – 19:00

Location: ISWB School Hall

Netball

Coach: Mrs. Monique Peterson

Contact: 081 385 9767

Days: Tuesdays & Thursdays

Groups: Year 4 – Year 10

Time: 14:00 – 16:00

Location: Jan Wilken Stadium

Soccer

Coach: Luther Humphries

Contact: 081 688 2250

Days: Tuesdays & Thursdays

Groups: U/09 – U/17

Time: U/09 – U/13 14:00 – 15:00

U/15 – U/17 15:00 – 16:30

Location: Jan Wilken Stadium

Volleyball

Coach: Mr. Edward

Contact: 081 244 1241

Days: Mondays & Wednesdays

Groups: Year 7 – A Level

Time: 15:00 – 16:00

Location: ISWB Volleyball Field

ISWB Sports Coordinator – Mrs. Luther Humphries

081 688 2250

