



The International School of Walvis Bay

Sport Codes of ISWB

Chess

**Wednesday (Primary School)
and Thursday (Senior School)**

14:00 to 15:30

Exam Room

Mr Timothy Kawani: 081 314 7619

Mr Wales Ndhlovu 081 840 9444

Gymnastics:

Monday and Wednesday

18:00 to 19:00

ISWB School Hall

Mrs Roumiana Kostin 081 258 5759

Netball:

Tuesday and Thursday

14:00 to 16:30

Jan Wilken Netball Court

Mrs Cindy Sparg: 081 304 4474

Ms Nadine Cilliers: 081 800 4936

Soccer:

Monday and Wednesday

U9/U11 14:15 to 15:05

U13/U15 15:15 to 16:45

Atlantis Sport Field

Mr Gareth Amos: 081 129 2157

Mr Osvaldo Dos Santos: 081 255 8356

Table Tennis:

Tuesdays

18:00 to 19:00

ISWB School Hall

Mr Kostin: 081 248 1020

Volleyball:

Monday

Year 5 and 6: 16:00 to 17:30

Wednesday and Thursday

High School: 16:00 to 17:30

Mr Eduard Thomas: 081 127 5925