

# BULLETIN BOARD

12 APRIL 2017



**Last day of School 1<sup>st</sup> Trimester 2017**

**13 April 2017**

Report cards will be handed out to students  
by the register class teacher  
on the morning of 13 April 2017



Home time on 13 April 2017

**Ten o'clock (10h00)**



## *From the Principal's Desk*

**SUCCESSFUL APPROACHES TO LEARNING ARE AS MUCH ABOUT ATTITUDES AND HABITS AS THEY ARE ABOUT STRATEGIES AND SKILLS.**

Here at ISWB our role is not only to produce qualifications, but also to support students to adopt effective learning practices.

*Tristian Stobie, Director of Education at Cambridge*, reflects on the educational culture needed to produce self-aware, independent learners. This is what he says:

The value of developing students' ability to monitor and self-regulate their learning has been known for some time but the extent of learning gains associated with good practice in this area is increasingly becoming recognized.

It is important to understand that most powerful teaching and learning practices are interdependent, based on helping students understand themselves as learners and the nature of the subjects they are learning.

These include: clearly defining learning goals and developing an understanding of what excellence looks like.

*The capability of students to monitor and control their own behavior plays a crucial role in the process of learning.*

This is known as 'self-regulation', a key component of metacognition, and comprises a set of skills that are strongly associated with students becoming successful and reflective learners.

Failure needs to be embraced as a learning opportunity.

Learners need to learn to enjoy challenge and diligent purposeful practice.

Teachers and schools need to have high expectations for learners with a clear understanding that teachers are learning role models.

Enjoy the summer break!

# Back to School

**First Day of Second Trimester 2017**

**23 May 2017**



## **Congratulations**

**News from the ISWB Music Department**

**Congratulations to Ning Wei Shen,**

**a Year 11 (2016) student at ISWB**

**who wrote and played her Unisa Examinations at the end of  
2016**

and was awarded the  
**Henning Joubert Merit Prize.**

**This prize is awarded to students who excel in the  
practical and theoretical music examination  
conducted by the Directorate Music.**

**Only the top two students per grade qualify for this award.**

**An outstanding achievement, congratulations to Ning as well  
as to Ms Wilna Liebenberg, her music teacher.**



### **Squash coaching**



**Anyone between the ages of 10 and 16yrs (boys and girls!)**

**who is interested in receiving coaching**

**this is your opportunity!!!**

**Training days: Mondays & Wednesdays**

**Fees: N\$450 pm (2x 45min sessions per week)**

**Venue: WASRA courts (Jan Wilken Stadium)**

**Coach: Luke Allen**

For enrolment or further information,

Please phone: 0816274031 or 0816163903



## Horse Riding News

### NAMEF Annual Awards ceremony

Windhoek 1 April 2017

Congratulations to Nadia and Emily Braune (Mother and Daughter) on their awards.

Emily on Motitz received the award for the Most Improved Rider/horse Combination for 2016

And

Nadia Braune received the award for the Most Improved Rider in Jumping for 2016

On Photo (left to right) Emily Braune, Ms Ute Gebhardt and Mrs Nadia Braune

## *Art in Year 3*

The 'Hot and Cold, Warm and Cool' colour project and the most recent: Primary and Secondary Colour Blending Wheels were introduced to the year 3 students.

The children were encouraged to think about colour and emotions or feelings that we attach to them in a creative sense.







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Walvis Bay Namibia

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**Contact us for Conference and Meeting Facilities**






\* Meetings \* Conferences \* Seminars \* Collaboration \* Training \*



- Air-conditioned Rooms
- Data Projectors
- White Boards
- Water Dispensers / Coolers
- Catering / Light Lunches

**\* VENUE CAPACITY \***

4 Rooms,  
2 to 20 delegates



# 2017 FNB SCHOOLS MOUNTAIN BIKE LEAGUE COAST



**EVENT 1 / SWACOPMIND**  
Friday, 24 March 2017 @ 15:00  
Opposite Road Block on R2 to Windhoek

**EVENT 2 / SWACOPMIND**  
Friday, 7 April 2017 @ 15:00  
Opposite Road Block on R2 to Windhoek

**EVENT 3 / SWACOPMIND**  
Friday, 21 April 2017 @ 15:00  
Opposite Road Block on R2 to Windhoek

**EVENT 4 / SWACOPMIND**  
Friday, 9 June 2017 @ 15:00  
Opposite Road Block on R2 to Windhoek

**COASTAL FINALS / SWACOPMIND**  
Saturday, 24 June 2017 @ 09:00  
Opposite Road Block on R2 to Windhoek

**NATIONAL FINALS - WINDHOEK**  
Friday, 15 September 2017  
Venue to be announced

**W/08  
W/10  
W/12  
W/14  
W/16  
W/18**

**MAJOR SPONSORS**

League Entry Cost  
NS200,00 / Rider

**FNB** **CYCLES 4 U** Contact Alfons  
cycles4u@alfonsmotors.com

The league is aimed bringing an awareness of the outdoors to all scholars of ages U8 to U18 at the Coast. Four events will be held and scholars are required to participate in at least three of these in order to qualify for finals and to participate in the National Finals to be hosted in Windhoek and consideration for election in the FNB School's Spur League in Magaliberg, South Africa.



Linda le Roux

The International School of Walvis Bay

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(Errors and omissions excluded)